

A hand is pouring water from a black bucket into a green umbrella held over a man in a shower. The man is smiling and looking up. The background is a grey, textured wall.

# Bathing 21<sup>®</sup>

[www.arion-group.com](http://www.arion-group.com)

21<sup>st</sup> century  
personal hygiene

swash<sup>®</sup>  
shower mitt



# con

# tent

## Preface

Arion is a medical device company, with more than a quarter century experience in selling and manufacturing devices of superior quality, made from the best available raw materials, while keeping in mind the needs of both care recipients and caregivers.

We – the Bathing 21® specialists – acknowledge, like no other, the importance of personal hygiene, especially for care recipients who require assistant bathing. That's why we published this brochure full of facts and figures about the Bathing 21®-concept and all included products.

Enjoy the Bathing 21® brochure!

Bathing is an ever-returning daily routine, that adds significant value to our general sense of well-being. On average, we spend **6 months of our life 'bathing'**. Arion aspires to make this daily routine as comfortable as possible, even for care recipients who require assistant bathing.



- 4 then and now**  
The global care solutions of Erik Joosten
- 6 changing lives**  
Simple innovations with big results
- 8 to remain or to move forward?**  
After 150 years it is time for a new revolution in bathing
- 10 spic and span**  
Minimise (cross-)contamination with a standardised bathing method
- 12 skin equilibrium**  
Embrace a healthy and balanced skin
- 14 comfort**  
For both caregivers and care recipients
- 16 experience Bathing 21®**  
The advantages of the concept and the products included
- 18 24-hour care**  
Feel clean and fresh around the clock with Bathing 21®
- 20 body wash**  
A complete, comfortable and hygienic one-step method
- 22 antiseptic wash**  
Proven effectiveness against many different pathogens in 1 minute
- 24 incontinence care**  
A simple skin care regimen in only 1 step
- 26 hair care**  
Easy, quick and comfortable
- 28 in-between care**  
Freshening up in a jiffy
- 30 an eye for quality**  
Four times typically Swash®
- 32 sustainable happiness**  
For all our stakeholders, today and tomorrow



# then

## Made in Holland

Arion was founded in 1994 by the Dutchman Erik Joosten. As a young entrepreneur, he had only one mission: to remedy existing irritations in health care.

### Easy-Slide

While still studying he encountered a common irritation in health care, that everyone accepted with a certain resignation: the pull and drag while donning and doffing compression stockings. Thousands of hours were lost and people unnecessarily became care dependent. In 1994, Erik Joosten introduced the solution: the 'Easy-Slide'. A brightly coloured fry cone made from spinnaker cloth (sailcloth) that reduces the friction of the compression stocking along the leg. That 'fry cone' later earned Erik a patent.

### Bathing 21®

The next innovation, with far reaching consequences, was born on an American health care-exhibition in 1999. Erik encountered what would later become Bathing 21®: disposable wet wipes to bathe a patient without the need for additional water. These wipes drastically improve and simplify the bathing process in health care. Erik was immediately convinced this was the solution to reduce the accepted irritations of (cross-)contamination and discomfort associated with the traditional bath. Arion became the company to introduce this concept in Europe in 1999.



## Did you know that...

Arion's head-office was built exactly on the Dutch-German border?

## Crossing borders

As a fast growing company, Arion has developed from a one-man band to a renowned, innovative medical device company, active in the international health care market. Arion strives to develop and market high-quality products, that meet the needs and requirements of the customer. Arion ensures an optimal and consistent product quality, by running a state of the art production facility including a cleanroom and a quality control laboratory.

Carrying more than 25 years of knowledge and experience, Arion is the Bathing 21®-specialist. Since the introduction of the concept in 1999, Bathing 21® has been widely implemented and integrated in the European health care sector. The disposable (wet) bathing products have caused a positive change in culture in many health care institutions. The ultimate goal is to make a positive impact on the life of customers everywhere in the world, using qualitative solutions. While doing this, Arion not only crosses national borders, but also traditional company borders: even Arion's head-office has a dual nationality!

# and now



“ Simple products can also be innovative!  
- Erik Joosten, founder and CEO ”

### Simple innovations, big impact

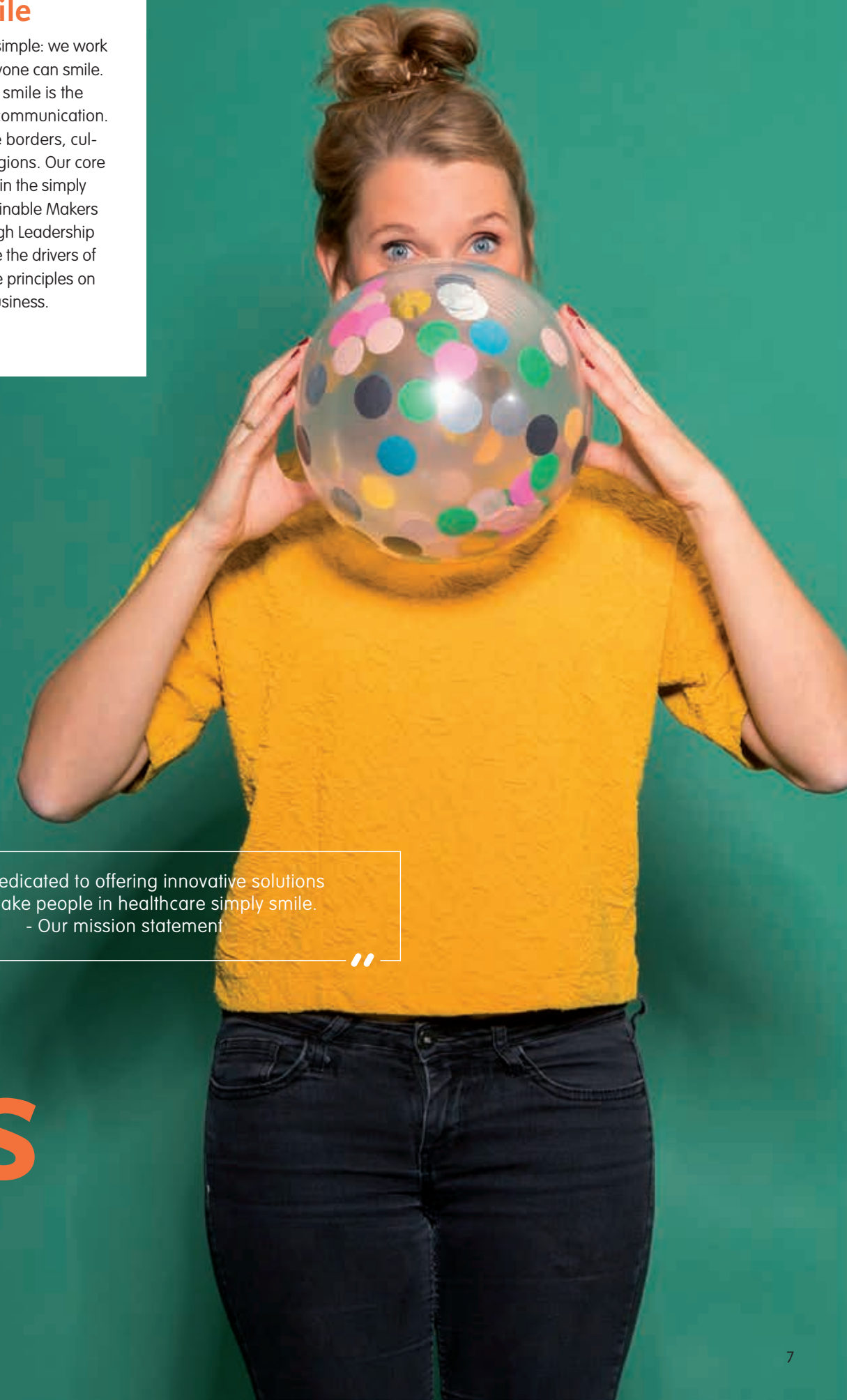
Arion's vision is to improve the daily quality of life of both care recipients and caregivers. Arion wants to make a positive contribution to a changing health care environment and a new, 21<sup>st</sup> century way of life, by finding solutions for existing irritations in health care. Irritation is the big inspiration for Arion. It is what drives Arion's innovations.

The innovations are simple. The goal is to improve on ease of use, comfort and efficiency in health care. In product development, both the freedom and dignity of the care recipient and the job satisfaction and professional pride of the caregiver are essential. In doing so, we can remove irritations, guarantee qualitative care and make people smile.

# changing

### Simply smile

Arion's philosophy is simple: we work with a 'smile', so everyone can smile. According to Arion, a smile is the basis for all positive communication. A smile stands above borders, cultures, beliefs and religions. Our core values are embodied in the simply SMILE mentality: Sustainable Makers creating Impact through Leadership and Energy. These are the drivers of our daily work and the principles on which we steer our business.



“ We are dedicated to offering innovative solutions which make people in healthcare simply smile.  
- Our mission statement ”

# lives

Did you ever wonder whether traditional bathing is good for you and your care recipients?

## The traditional bath

The traditional bath is the oldest and most common practice in basic health care. A traditional bath consists of four actions: lathering, rinsing, drying and applying body lotion; a method that requires a lot of time and effort from both caregivers and care recipients.

Besides, the risks of a traditional bath should be considered. The older and more fragile skin of a care recipient can be damaged by the use of water and soap, causing skin blemishes and skin irritation. The often-used wash basin is a common source for all kinds of bacteria that can cause (hospital acquired) infections. These bacteria can easily spread; especially to at-risk patients.<sup>1</sup> Thus, the traditional bath is a widely accepted source of irritation for both caregivers and care recipients.



# to remain



# or to move forward?

150 years after the introduction of the traditional bed bath by Florence Nightingale, it is time for a new revolution in hygiene!

## Bathing 21<sup>®</sup>: 21<sup>st</sup> century personal hygiene

Bathing 21<sup>®</sup> reinvents the bathing process by introducing a standardised bathing method based on hygiene, skin condition, comfort and perception. Bathing should again be a pleasant experience for both care recipients and caregivers.

Bathing 21<sup>®</sup> sets the standard for the daily bath and personal hygiene of the 21<sup>st</sup> century. The bathing concept is especially developed for patients that, due to their health, require assisted bathing. When using the moist bathing products, care recipients feel clean and fresh around the clock. Bathing 21<sup>®</sup> creates value with and for its stakeholders in health care resulting in:

- a better quality of life for care recipients,
- better working conditions for caregivers,
- organisational and financial advantages for health care institutions.

## Minimize (cross-) contamination

### Basins

Basins are a potential source of infections. A study in 88 different hospitals showed clear evidence: 62.2% of the 1,103 basins tested – at least 1 basin per hospital – is contaminated with common hospital pathogens.<sup>2</sup> Often, set quality standards and cleaning procedures are not followed accurately.

### Tap water

29 studies show that taps and water pipes in hospitals are highly contaminated sources of pathogens. By the presence of these microorganisms in water, vulnerable patients can attract hospital-acquired infections. Studies advise to prevent exposure of these high-risk patients to tap water.<sup>3</sup>

### Bath water

Bath water is everything but hygienic.<sup>1</sup> The skin microflora are transferred to the bathwater during bathing. This water is often not changed during the bathing process and washcloths are repeatedly soaked in it. The consequence? Cross-contamination. That's due to spreading of the contaminated bathwater over the patient during bathing.

## Did you know that...

the high colony count in bathwater is similar to the number of bacteria found in urine in case of a urinary tract infection? <sup>5</sup>

# spic

79% OF CAREGIVERS SAYS  
BATHING WITH SWASH® IS HYGIENIC.  
- Arion customer database



## A giant leap in infection prevention

Bathing 21® is a standardised bathing method with impregnated wipes, gloves and shampoo caps. A package contains a wipe/glove for each body part. The Swash®-products are person-bound and contain a precisely balanced amount of lotion for an optimal cleansing of the skin. Because each body part is washed with a new cloth - without rinsing or drying the skin - the risk for cross-contamination is reduced to a minimum. Every body wash is guaranteed free from microorganisms.

# and span

## Protect your biggest organ

The most important function of our skin is to protect the body against harmful influences from outside. The natural protecting barrier – the acid mantel – keeps bacteria and pathogens out. Thus, keeping our skin healthy is essential.

### Soap residue

During a traditional bath, soap is often not rinsed off completely. The soap residue left on the skin can cause skin irritation and is an excellent breeding ground for microorganisms.<sup>4</sup>

### Dry, sensitive skin

Studies show that the use of soap or shower gel increases the pH-value of the skin, dehydrates the skin and damages its barrier function, due to the loss of valuable fats from the acid mantel. Aging skin in particular, becomes dehydrated and sensitive – often even more sensitive than baby skin – when exposed to soap.

### Skin irritation

When the dry and/or aging skin has lost its natural ability to function correctly, it becomes vulnerable to (small) skin irritations. Allergens can more easily penetrate the skin and even a light abrasive force – such as the use of a rough towel – can cause redness or blemishes.

IMPREGNATED BATHING PRODUCTS ENSURE A BETTER HYDRATION OF THE SKIN.<sup>6</sup> THE SKIN OF CARE RECIPIENTS IS LESS DRY<sup>7</sup> AND SHOWS LESS SKIN DEFICITS OVER A PERIOD OF 6 WEEKS.<sup>8</sup>

## Did you know that...

the skin has a surface area of 2 square meters, weighs almost 11 kilo's, but is only a couple of millimetres thick?

# skin

# equilibrium

71% OF CARE RECIPIENTS EXPERIENCES IMPROVED SKIN CONDITION.

- Arion customer database

## A healthy and balanced skin

The impregnated bathing wipes and gloves of Bathing 21® ensure a thorough but mild cleansing of the skin. They contain a pH-skin neutral lotion (pH 5.5) with skin caring and hydrating properties, that help maintain the moisturisation of the skin. The lotion dries quickly, so towel drying the skin is not necessary and further abrasion of the skin is prevented. Simultaneously, the skin is moisturised due to the deposition of caring ingredients like Vitamin E and Glycerin. The bathing lotion in the Swash®-products is hypoallergenic and thus is suitable for all skin types. The cloth of the products is made from the wood-based fibre Lyocell. This natural fibre is characterised by its purity, softness and absorbing potential, which ensures that the bathing wipes and gloves feel soft and comfortable on the skin.



com

fort

"The Swash® bathing gloves are a real godsend for me. I can use them to easily and quickly bathe and care for my patients and I do not have to lug around wash basins and mess with water anymore. A body wash with the bathing gloves of Swash® is a lot less physically demanding for a patient than a normal bed bath. And for us it is less of a job too. On our ward we now spend less time bathing, which freed up valuable extra time we can use to do other tasks. It also helps reduce the morning rush, so we can give more attention to our patients. In short, Swash® helps to reduce the high workload, improves the atmosphere on the ward and most importantly, ensures good care in bathing.

*Nurse, Zuyderland Medical Centre, the Netherlands.*



"During my stay at Zuyderland Medical Centre – a hospital in the Netherlands – I could not shower. But thanks to the Swash®-products, I felt clean and fresh during my hospital stay anyway. Every time the nurse would come to bathe me, she would ask whether I wanted her to heat up the bathing gloves. Of course, I would say yes, because I prefer my bath warm. I also enjoyed the nice fresh scent. Even though I was ill, being bathed with Swash® felt very comfortable. Due to the simple and fast technique, a Swash® bath is done easily, which is nice if you do not feel well. And when my health improved, I could even start to partially bathe myself again, because of Swash®. When you cannot shower, Swash® is fantastic. The bathing gloves ensure, in a comfortable way, that you feel clean and fresh."

*Patient at Zuyderland Medical Centre, The Netherlands.*



# experience

## Bathing 21<sup>®</sup>-concept



### Improved quality of CARE

Better hygiene and a positive impact on the skin



### More COMFORT

More pleasant and less stressful for care recipients



### More CONVENIENCE

Less physical strain for caregivers and  
30% - 50% more quality time



### COST effective

Predictable cost per body wash

## Swash<sup>®</sup>-products

pH-skin neutral

Hypoallergenic fragrances

Free from formaldehyde (releasers)

Latex free

Dermatologically tested

Produced in a cleanroom environment

In-house lotion formulation in the Netherlands

Products can be warmed up

Rinse free – no need to dry

# the advantages

# 24-hour care

Feel clean and fresh around the clock with Bathing 21®

The product range of Bathing 21® is broadly divided into 5 complementary categories that can be tailored to meet the individual needs of the care recipients. Whichever Bathing 21®-product you choose: every product has a guaranteed high and consistent quality and ensures the best possible bathing experience.

BODY WASH

ANTISEPTIC WASH

INCONTINENCE CARE

HAIR CARE

IN-BETWEEN CARE

## Clean and fresh: isn't that the best?

### The traditional bath

A traditional bath takes a long time and is often associated with a lot of hassle. It involves uncomfortable turnings and wet beds, is time-consuming and physically and mentally demanding for both the care recipient and the caregiver. It is impossible to reach the intended result of a comfortable, quick and hygienic body wash... Time for a change!

### The solution

Research shows that the use of (warm) bathing gloves, impregnated with a water-based lotion – containing cleaning and caring ingredients – reduces workload, labour- and delivery cost, while greatly increases patient satisfaction. The bathing experience focuses on wellbeing and comfort and improves the skin integrity, self-esteem and quality of life of the care recipient.<sup>17</sup> The four steps of a traditional bath, that require a lot of time and effort, are a thing of the past. Both caregivers and care recipients experience less hassle, less mess and – most importantly – less physical strain.<sup>17</sup> We think that is great news! Because, especially for them, it is crucial to have enough energy left for the rest of the day.



# body



89% OF CAREGIVERS THINKS BATHING WITH SWASH® IS EASIER.  
- Arion customer database

74% OF CARE RECIPIENTS FEELS CLEAN WITH SWASH®.  
- Arion customer database

# wash

4-IN-1 BATHING METHOD

## A complete, comfortable and hygienic body wash in one single step

That is what a package of Swash®, suitable for daily bathing, has to offer. A package contains 8 bathing wipes or gloves impregnated with a very skin-friendly lotion, that cleans and protects the skin without the need for rinsing or drying. Eight pieces, because our body consists of 8 body parts. By bathing every body part with a separate bathing wipe or glove in one single step, Swash® reduces the number of unnecessary moves and the risk for cross-contamination to a minimum.

If you choose the bathing glove, this glove can also be used to bathe hard-to-reach places such as skin folds and toes. Also, the wash glove is ultimately suitable for patients, who want to remain independent as long as possible. Because of the simple steps and the better grip, care recipients are more quickly able to bathe themselves independently and take part in the bathing process.

## The danger of health care-associated infections

Every year in Europe, 4 million patients acquire a health care-associated infection (HCAI).<sup>10</sup> When put in perspective, this means that at this point in time, 1 patient for every 18 patients has at least 1 HCAI.<sup>11</sup> Health care-associated infections pose a risk. Yearly, 37,000 deaths can be directly linked to HCAI's with another 100,000 deaths that are indirectly related. Besides, health care-associated infections lead to high costs. When only direct costs are taken into account, they lead to a financial loss of over € 7 billion per year.<sup>12</sup>

Several large studies show that standardised antiseptics at injection sites, due to the use of Chlorhexidine Digluconate-containing products, can greatly reduce the risk of infections.<sup>19-21</sup>

Approximately 30% of patients on the ICU acquires at least 1 health care-associated infection.<sup>9</sup>

# antiseptic

# wash

The antiseptic Swash®-products are proven effective within 1 minute against many different pathogens. Tests have been performed by Dr. Brill + Partner GmbH Institute for Hygiene and Microbiology and Eurofins Biolab.

**Bactericidal (Gram-positive)**  
DIN EN 13727:2013

- Staphylococcus aureus
- Enterococcus hirae (incl. VRE)
- Methicillin-resistant Staphylococcus aureus (MRSA)

**Bactericidal (Gram-negative)**  
DIN EN 13727:2013

- Escherichia coli
- Klebsiella pneumoniae ESBL
- Pseudomonas aeruginosa

**Yeasticidal**  
DIN EN 13624:2013

- Candida albicans

**Bactericidal in practical use**  
DIN EN 1500:2013

**Skin decolonization**  
Effective in skin decolonization in a 5 second rub on skin poor in sebaceous glands

## Universal decolonization

### With 2% Chlorhexidine Digluconate (CHG)

The antiseptic Swash®-products consist of moist wash gloves, wipes and caps that guarantee a mild antiseptic wash by releasing a constant and consistent dose of CHG. The mild antiseptic lotion dries quickly after application, kills harmful bacteria on skin and hair and eliminates a large range of microorganisms that can cause infections. CHG binds to proteins on the outer layer of the skin and because of the slow release of CHG molecules from this layer, ensures a long lasting protection against bacteria.

# incontinence

## Did you know that...

care recipients with both faecal incontinence and impaired mobility have a 37.5 times higher risk of developing decubitus?<sup>22</sup>

## 423 million

With the increase in aging of the general population, incontinence becomes an ever greater health concern. Studies show that the prevalence of urine incontinence in 2018 can be estimated at 423 million people.<sup>13</sup> Skin irritation is a common problem with incontinent care recipients. They run a 50% higher risk of developing incontinence-associated dermatitis (IAD)<sup>14</sup>, an inflammation of the skin that – due to the repeated exposure to moisture – causes pain and discomfort for the care recipient.

Thanks to a structured protocol with moist bathing wipes or gloves containing 3% Dimethicone, the prevalence of IAD can be significantly decreased. This protocol has shown to be significantly more effective than the standard care protocol with water and pH-neutral soap.<sup>15</sup>

A Spanish study shows that the use of Swash® Perineum Wipes decreases the incidence of IAD compared to conventional hygiene. In the study, the difference in resolution of IAD in the experimental group using Swash® Perineum Wipes was almost 20 percentage point greater than in the control group, that used traditional incontinence care protocols.<sup>18</sup>

## Faster skin recovery with Trixotric® formula for incontinence care

Our Swash® R&D team developed a new lotion formula used in Swash® Perineum+ Wipes, to support faster skin recovery of the patients affected by incontinence.

It contains 3 essential ingredients:

**Hyaluronic Acid:** helps the skin to restore.

**Hydrogel:** mild moisturizer, leaves the skin soft and refreshed.

**Bentonite Clay:** natural stabilizer that gives the skin a rich feeling.

## Standardized incontinence care

### A standardized incontinence care method with Hyaluronic Acid and/or 3% Dimethicone

Swash® incontinence care products prevent the development and spreading of IAD in its early stages. They simplify incontinence care by reducing the number of actions and products required. Also, they help improve adherence to the care recipient's plan.<sup>14, 15, 16</sup>

Swash® Perineum products are impregnated with a skin protecting lotion containing 3% Dimethicone. This silicon-based oil leaves a thin film on the skin that protects the skin against irritation caused by moisture from urine and faeces. The lotion is not occlusive and leaves the skin able to breathe.

- In 2019 Arion developed in its own R&D facilities a patented\* lotion formula called Trixotric®
- - which helps the skin to recover faster.

\* Patented in the Netherlands

Day 1



Day 3



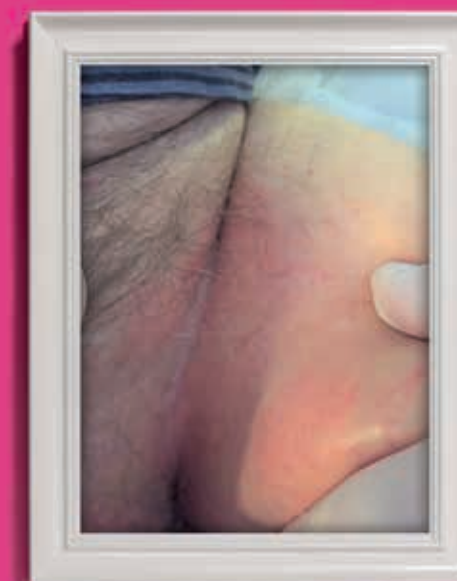
# care

CLEANS  
CARES  
PROTECTS  
HELPS TO  
RESTORE

THE EFFECT OF THE  
UNIQUE FORMULA OF  
THE INCONTINENCE  
PRODUCTS OF SWASH®.

- Care Centre Smedegade, Slagelse,  
Denmark, November 2017.

Day 10



## As long as your hair's nice

Clean and well-groomed hair is important for all of us. It not only feels good, but also improves our sense of self-confidence and self-esteem. This is most important for care recipients. It gives them the extra boost they need to get well.

Even though washing your hair is a crucial part of the total body wash, in health care there is often not enough time to give it much attention. With a traditional hair wash, guaranteeing the quality and consistency of care is almost impossible: water cools down or splashes everywhere, care recipients lay in uncomfortable or even painful positions for a long time and care-givers feel enormous pressure to make sure everything gets done in the time given.

## Did you know that...

a Swash® hair wash takes approximately 4 to 6 minutes?

# care

# hair

### Easy, quick and comfortable

Want to be able to wash every hair type easily, quickly and comfortably without taking a shower? Swash® hair-care products are especially developed to do exactly that. They can be used to easily wash your hair at any time of day. The single-use only Swash® Shampoo Cap is impregnated on the inside with a special hair lotion. Softly massage your head through the shampoo cap and your hair is washed, without the need to rinse. The result is clean and fresh hair, that is ready to be styled. And that in 75% less time.



# in-between

## Did you know that...

a contaminated hand could spread viruses and bacteria to 5 new surfaces or 14 people?

## As fit as a fiddle – as fresh as a... lemon?

General hygiene is very essential in residences and nursing homes. Due to their increased age, decreased immune resistance and close quarter living arrangements, nursing home inhabitants and residents are at higher risk of catching infections. Many viruses are extremely contagious and can spread easily from person to person via hand contact. Sadly enough, this is good news for viruses like norovirus that are transmitted via surfaces and direct contact, when carriers do not follow hand hygiene protocols. The use of Swash® Refreshing Wipes supports hand hygiene regimens and helps prevent or contain outbreaks in residences and nursing homes. And so, eating a fruity snack makes you even more fit as a fiddle.



# care

## Freshening up in a jiffy

Feeling clean and fresh is one of our basic needs in life. Therefore, it is nice to be able to wash yourself, your hands or your face at any point of day. The Swash® Refreshing Wipes are soft, moist wipes, especially developed to freshen up in-between baths. The wipes are suitable for every skin type and offer a mild cleansing at any moment; before and after dinner, on a hot summer day, before a special activity or just before bed. When you keep them at hand at all the times, freshening up is done in a jiffy.

## Four times typically Swash®

Choosing Bathing 21® is choosing for optimal and consistent quality. By taking into account every detail – including formulation, quality and concept development – we at Arion continuously strive to bring the best possible Swash®-products to the market. To do this, we use our extensive knowledge and experience, but also listen carefully to the needs of our customers and are not afraid to get advice from professionals.

# an eye for quality



### 1 Ergonomically designed bathing gloves

Donning our washing gloves and using them is really easy, thanks to the unique and ergonomic fit. The bathing gloves have an above average length and a standard inside size so they comfortably fit around your hand. The seams of the bathing gloves are not stitched but ultrasonically welded. These welds are strong when used, but soft and comfortable to the skin.

### 2 In-house manufacturing in a cleanroom environment

Arion manufactures safe Swash®-products of superior quality thanks to the most high-tech production facility in the industry, including a blending installation and a cleanroom. A lot of attention and time is spent on quality tests and controls. To ensure that all incoming raw materials, semi-finished products and finished products meet our quality specifications, they are extensively tested in our in-house quality laboratory or by external partners.

### 3 Hypoallergenic Swash® fragrances

As Bathing 21®-specialist, Arion acknowledges the importance of scents during bathing. Therefore, Arion, together with renowned fragrance specialists, developed unique, mild fragrances, that are suitable for everyone. Swash® fragrances are free from the 26 declared fragrance ingredients defined as allergens by the international fragrance association (IFRA). Even care recipients with very sensitive skin or a known fragrance allergy, can thus in most cases, be bathed with a pleasantly scented product.

### 4 Complete service – Swash® Product Specialist

High quality, affordable products that make you smile alone are not sufficient to complete Arion's mission. The innovations of Arion require a change in behaviour. Therefore, the complete Swash® implementation in your organization is followed-up and supported by a trained nurse – the Swash® Product Specialist – following a well-defined and clear trajectory. And even after implementation is completed, we at Arion find it important to have regular contact moments with you to keep your employees up-to-date of new developments, but also for ourselves to be able to learn and improve by evaluating the use and satisfaction of Swash® in your team.

### 5 Bathing concept expertise

Arion participated in - to our knowledge - the first academic PhD research ever about the bed bath and the different methods applied for this important nursing activity.<sup>23</sup>



# sustainable

# happiness

# Swash

“ **Our CSR mission?**  
To improve the happiness of all our stakeholders of today and tomorrow. ”

**Sustainability at Arion**

At Arion, we like to make the life of current and future generations of caregivers and care recipients easier, more efficient and more comfortable. We contribute to the health and well-being of these health care actors by implementing new standards in health care that take "people, planet and profit" into account.

We endorse the UN Sustainable Development Goals (SDGs), which offer a blueprint for peace and prosperity for people and the planet, now and into the future. All SDGs are important to Arion, but we focus on three SDGs.

**OUR CONTRIBUTION TO SDG 3 – Good Health and Well-being**  
Good health and well-being are the reasons why Arion exists. Our medical devices have a positive impact on the well-being of health care actors around the globe. Swash® helps caregivers provide care more comfortably.

**OUR CONTRIBUTION TO SDG 6 – Clean Water and Sanitation**  
**Made Blue** - For every Swash® bathing product that we sell, we donate 1 liter of clean drinking water through our Made Blue partnership. Also in the years ahead, we will contribute to many more liters of clean drinking water.

**Water savings** - By using Swash®, customers save at least 10 liters of water per body wash because they no longer need to use washbasins with water, materials do not need to be cleaned, and towels and washcloth do not have to be washed anymore after each bath. The lifecycle assessment (LCA) for Swash® shows that a bed bath with Swash® saves more than 250 liters of water compared to a traditional bed bath with water and soap over its complete lifecycle including production and waste disposal.

**OUR CONTRIBUTION TO SDG 12 – Responsible Consumption and Production**  
What is the exact influence of Swash® on the environment? An independent research institute performed a life-cycle assessment (LCA) of Swash® as compared to a traditional bed bath. This special model considers everything from the production of raw materials to the development of the product and the management of waste. The results of the LCA show that Swash® is 74% less harmful for the environment than a traditional body wash with water and soap.

**Nordic Swan Ecolabel** - Swash® Gold Gloves, Swash® Gold Wipes, and Swash® Refreshing Wipes are certified with the Nordic Swan Ecolabel (the fragrance-free versions of these products).

## Colophon

This Bathing 21® brochure has been edited by Arion International B.V.

For more information surf to

[www.arion-group.com](http://www.arion-group.com)

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Heerlen, 2nd edition, April 2022.

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