

# INSTRUCTIONS FOR USE SWASH® BATHING GLOVES 6-pack

Product code: A04070-6 (UDI-DI: 08717127937196)

User: Professional or health care provider

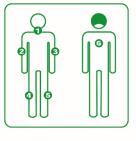
## Intended purpose:

Swash<sup>®</sup> Bathing Gloves are intended for a complete body wash of incontinent and/or bedridden patients as an infection prevention measure.

#### Supporting materials:

- Disposable gloves
  - Rubbish bin<sup>°</sup>
  - Tissues (if necessary)
  - Incontinence material (if necessary)
- Clean clothing and / or linens (if necessary)
- Microwave oven (if necessary)

# Instructions for use:



Use 1 glove for each part of the body (see pictogram). If desired, the package can be heated in the microwave. Check the temperature before use. Use each package for one person only. See below for detailed procedure.

# Detailed procedure:

Swash<sup>®</sup> Bathing Gloves can be centrally stored on the ward or next to the bed of the care recipient and can be used both heated and at room temperature. Depending on the mobility of the patient, it is also possible to use a different sequence, provided that every part of the body (see pictogram above) is washed with a separate wash glove. Drying is not necessary. The skin dries by itself through the evaporation of the lotion. If necessary, dry the skin folds by blotting with a tissue.

- <sup>1</sup> Tell the care recipient what you are going to do and keep communicating throughout the entire washing procedure.
- <sup>2</sup> Heat the Swash<sup>®</sup> Bathing Gloves to the desired temperature. The usual temperature is achieved by heating the packaging at a maximum of 800 watts in a microwave oven for 15 seconds.
- <sup>3</sup> Before starting, wash your hands and put on a pair of disposable gloves.
- 4 Have the patient lie in a supine position with a pillow under his/her head. Have the patient remove his/her outerwear; if necessary, help the patient with this. Turn the blanket down to the level of the lower part of the body.
- 5 Open the package by pulling open the closure and check the temperature of the wash glove. Note: disposable gloves reduce your sensitivity to heat.
- 6 Wash glove 1: Apply the wash glove to the wrist or upper part of the hand of the patient. Ask the patient if the temperature is comfortable. If so, you can continue with the washing. If not, wait until the wash glove has reached a temperature that is comfortable for the patient. Make sure to take the comfort of the patient into account throughout the body wash.
- 7 Use both sides of wash glove 1 for washing the face, neck and chest. Drying is not necessary. The skin dries by itself through the evaporation of the lotion. If necessary, dry the skin folds by blotting with a tissue. After washing, dispose the wash glove.
- 8 Wash glove 2: Wash the patient's arm and armpit that is furthest away from you, starting with the hand. Use both sides of the wash- glove. The skin dries by itself through the evaporation of the lotion. If necessary, dry the skin folds by blotting with a tissue. After washing, dispose the wash glove.
- 9 Wash glove 3: Wash, using both sides of the washcloth, the other arm and the patient's armpit,

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beginning with the hand. The skin dries by itself through the evaporation of the lotion. If necessary, dry the skin folds by blotting with a tissue. After washing, dispose the wash glove.

- **Wash glove 4**: Wash, using both sides of the washglove, the leg furthest from you, from the ankle to the hip and then the feet. The skin dries by itself through the evaporation of the lotion. If necessary, dry the skin folds by blotting with a tissue. After washing, dispose the wash glove.
- **Wash glove 5**: Wash, using both sides of the washglove, the other leg from the ankle to the hip and then the feet. The skin dries by itself through the evaporation of the lotion. If necessary, dry the skin folds by blotting with a tissue. After washing, dispose the wash glove.
- 12 Ask the patient to turn onto on his / her side and offer support, if necessary. **Wash glove 6**: Wash the patient's back using both sides of the washglove. The skin dries by itself through the evaporation of the lotion. If necessary, dry the skin folds by blotting with a tissue. After washing, dispose the wash glove.
- <sup>13</sup> Wash the genitals and the buttocks with Swash<sup>®</sup> Perineum Wipes / Gloves or with Swash<sup>®</sup> Perineum+ Wipes following the protocol for Incontinence Care.
- <sup>14</sup> Dress the patient again and put him / her in the desired position.
- 15 Throw the empty package of Swash<sup>®</sup> and the gloves in the bin. DO NOT FLUSH the wash gloves down the toilet!
- 16 Report any comments, if necessary.

## **ATTENTION:**

- At all times, make sure to take the feelings, comfort and privacy of the patient into consideration.
- Each package is to be used for only **one** person. Saving and reusing opened packages is not recommended due to danger of infection.
- It is strongly recommended to use up an opened package within 48 hours. If there are wipes left in the package, please write down the date and time on the pack and use the wipes for the same patient within a 48 hour period, for example, for freshening up in the evening.
- Follow the correct procedure for the body wash and always use a new wash glove per body part to reduce the risk of cross contamination.
- Only suitable for external use.
- Be careful when washing the eyelids.
- If Swash<sup>®</sup> Bathing Gloves are heated, it is important to check the temperature of the wash gloves before they are used on the skin. Do NOT use immediately if they are too hot. Remember that wearing disposable gloves reduces the sensitivity to heat. Pay special attention to checking the temperature with infants or persons who cannot react or people with sensitive skin.
- Do not flush the wash gloves down the toilet. Throw the empty package of Swash<sup>®</sup> and the gloves in the bin.

## **CONTRA-INDICATIONS:**

- If the care recipient refuses the use thereof
- If it is known that the care recipient is sensitive or allergic to one or more of the ingredients
- On non-intact skin & open wounds



# PICTOGRAMS IN PACKAGE:

↓	Temperature limit	48 H	Use within 48 hours of opening
×	Keep away from sunlight	<b>K</b>	Throw to the garbage bin
Ť	Keep dry		Do not macerate
	Do not use if package is damaged and consult instructions for use		Heating advice
(	Do not re-use	LATEX FREE	Product free of latex
NON	Non-sterile		Produced in a clean room
MD	Medical Device	FRAGRANCE FREE	Product does not contain fragrance
CE	CE-marking	FRAGRANCED	Product contains fragrance
LOT	Batch code		Do not flush
	Manufacturer	i	Consult instructions for use or consult electronic instructions for use
$\sum$	Use by date		
UDI	Unique device identifier		

The information in this protocol relates specifically to the use of Swash<sup>®</sup> Bathing Gloves for the washing and care of bedridden patients. Additional interventions and steps may be added to the protocol in accordance with other protocols and guidelines in your healthcare facility.

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