

INSTRUCTIONS FOR USE

SWASH[®] BATHING WIPES 8-pack

Product code: Ao4o28-8 (UDI-DI: o8717127936854) / Bo4o28-8 (UDI-DI: o8717127937134) / Po4o28-8 (UDI-DI: o872o66361o69o)

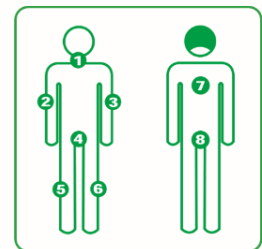
User: Professional or health care provider

Intended purpose:

Swash[®] Bathing Wipes are intended for a complete body wash of incontinent and/or bedridden patients as an infection prevention measure.

Supporting materials:

- Disposable gloves
- Rubbish bin
- Tissues (if necessary)
- Incontinence material (if necessary)
- Clean clothing and / or linens (if necessary)
- Microwave oven (if necessary)



Instructions for use:

Use 1 wipe for each part of the body (see pictogram). If desired, the package can be heated in the microwave. Check the temperature before use. Use each package for one person only. See below for detailed procedure.

Detailed procedure:

Swash[®] Bathing Wipes can be centrally stored on the ward or next to the bed of the care recipient and can be used both heated and at room temperature. Depending on the mobility of the patient, it is also possible to use a different sequence, provided that every part of the body (see pictogram above) is washed with a separate washcloth. Drying is not necessary. The skin dries by itself through the evaporation of the lotion. If necessary, dry the skin folds by blotting with a tissue.

- 1 If preferred, heat the Swash[®] Bathing Wipes. The recommended temperature is achieved by heating the package at a maximum of 800 watts in a microwave for 30 seconds.
- 2 Tell the care recipient what you are going to do and keep communicating throughout the entire washing procedure.
- 3 Before starting, wash your hands and put on a pair of disposable gloves.
- 4 Have the patient lie in a supine position with a pillow under his/her head. Have the patient remove his/her outerwear; if necessary, help the patient with this. Turn the blanket down to the level of the lower part of the body.
- 5 Open the package by pulling open the closure and check the temperature of the washcloth. Note: disposable gloves reduce your sensitivity to heat.
- 6 **Washcloth 1:** Apply the washcloth to the wrist or upper part of the hand of the patient. Ask the patient if the temperature is comfortable. If so, you can continue with the washing. If not, wait until the washcloth has reached a temperature that is comfortable for the patient. Wash the face, neck and chest. After washing, dispose the washcloth.
- 7 **Washcloth 2:** Wash the patient's arm and armpit that is closest to you, starting with the hand. After washing, dispose the washcloth.
- 8 **Washcloth 3:** Wash the other arm and the patient's armpit, beginning with the hand. After washing, dispose the washcloth.
- 9 **Washcloth 4:** If applicable, remove the incontinence material and wash the genitals. After washing, dispose the washcloth.
- 10 **Washcloth 5:** Wash the leg closest to you, from the ankle to the hip and then the feet. After washing, dispose the washcloth.

- 11 **Washcloth 6:** Wash the other leg from the ankle to the hip and then the feet. After washing, dispose the washcloth.
- 12 **Washcloth 7:** Ask the patient to turn onto on his / her side and offer support, if necessary. Wash the patient's back. After washing, dispose the washcloth.
- 13 **Washcloth 8:** Wash the buttocks and coccyx of the patient. If additional care is required, use the correct incontinence products. After washing, dispose the washcloth.
- 14 Dress the patient again and put him / her in the desired position.
- 15 Throw the empty package of Swash® and the wipes in the bin. **DO NOT FLUSH** the washcloths down the toilet!
- 16 Report any comments, if necessary.

ATTENTION:

- At all times, make sure to take the feelings, comfort and privacy of the patient into consideration.
- Each package is to be used for only **one** person. Saving and reusing opened packages is not recommended due to danger of infection.
- It is strongly recommended to use up an opened package within 48 hours. If there are wipes left in the package, please write down the date and time on the pack and use the wipes for the same patient within a 48 hour period, for example, for freshening up in the evening.
- Follow the correct procedure for the body wash and always use a new washcloth per body part to reduce the risk of cross contamination.
- Only suitable for external use.
- Be careful when washing the eyelids.
- If Swash® Bathing Wipes are heated, it is important to check the temperature of the washcloths before they are used on the skin. Do NOT use immediately if they are too hot. Remember that wearing disposable gloves reduces the sensitivity to heat. Pay special attention to checking the temperature with infants or persons who cannot react or people with sensitive skin.
- **Do not flush the washcloths down the toilet. Throw the empty package of Swash® and the wipes in the bin.**

CONTRA-INDICATIONS:

- If the care recipient refuses the use thereof
- If it is known that the care recipient is sensitive or allergic to one or more of the ingredients
- On non-intact skin & open wounds
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PICTOGRAMS IN PACKAGE:

	Temperature limit		Use within 48 hours of opening
	Keep away from sunlight		Throw to the garbage bin
	Keep dry		Do not macerate
	Do not use if package is damaged and consult instructions for use		Heating advice
	Do not re-use		Product free of latex
	Non-sterile		Produced in a clean room
	Medical Device		Product does not contain fragrance
	CE-marking		Product contains fragrance
	Batch code		Do not flush
	Manufacturer		Consult instructions for use or consult electronic instructions for use
	Use by date		
	Unique device identifier		

The information in this protocol relates specifically to the use of Swash® Bathing Wipes for the washing and care of bedridden patients. Additional interventions and steps may be added to the protocol in accordance with other protocols and guidelines in your healthcare facility.

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