

# INSTRUCTIONS FOR USE

## SWASH<sup>®</sup> PERINEUM WIPES 4 & 8-pack

Product code: Co4533-4 (UDI-DI: 08717127937158) / Co4533-8 (UDI-DI: 08717127937165)

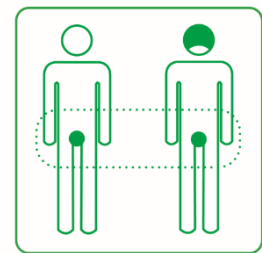
**User:** Professional or health care provider

### Intended purpose:

Swash<sup>®</sup> Perineum Wipes are intended for perineal care of incontinent patients as a measure to prevent skin damage associated with exposure to urine or stool (IAD) or as a measure to manage such skin damage (IAD) in an early stage.

### Supporting materials:

- Disposable gloves
- Rubbish bin
- Swash<sup>®</sup> Cleansing Wipes or other pre-moistened wipes, tissue paper (if necessary)
- Incontinence material (if necessary)
- Clean clothing and / or linens (if necessary)
- Microwave oven (if necessary)



### Instructions for use:

Use sufficient wipes to clean the soiled perineum area (see pictogram). If desired, the package can be heated in the microwave. Check the temperature before use. Use each package for one person only. See below for detailed procedure.

### Detailed procedure:

Swash<sup>®</sup> Perineum Wipes can be stored on the ward in a central place or next to the bed of the care recipient. The Swash<sup>®</sup> Perineum Wipes can be used both heated and at room temperature.

- 1 If preferred, heat the Swash<sup>®</sup> Perineum Wipes. The recommended temperature is achieved by heating the package at a maximum of 800 watts in a microwave oven for 15 seconds (4-pack) or 20 seconds (8-pack).
- 2 Tell the care recipient what you are going to do and keep communicating throughout the washing procedure.
- 3 Before starting, wash your hands and put on a pair of disposable gloves.
- 4 Have the care recipient lie in a supine position with a pillow under his/her head. Have the care recipient remove his/her outerwear; if necessary, help the care recipient with this. Take the privacy of the care recipient into consideration.
- 5 Remove wet and dirty incontinence material.
- 6 If necessary, large amounts of faeces can be gently removed with Swash<sup>®</sup> Cleansing Wipes or pre-moistened wipes, tissues etc.
- 7 Open the package of Swash<sup>®</sup> Perineum Wipes and take out a wipe. Check the temperature of the wipe. Note: disposable gloves reduce your sensitivity to heat.
- 8 Wash the genitals with a Swash<sup>®</sup> Perineum Wipe. The skin dries by itself through the evaporation of the lotion. If necessary, dry the skin folds by blotting with a tissue paper.
- 9 Ask the care recipient to turn onto his / her side and offer support if necessary. Clean the soiled perineum region (the buttocks and coccyx) of the care recipient with a Swash<sup>®</sup> Perineum Wipe. Use as many wipes as necessary for the removal of all the faeces and / or urine from the skin. Preferably, place the used Swash<sup>®</sup> Perineum Wipes within the incontinence material.
- 10 For an optimal result, use a clean Swash<sup>®</sup> Perineum Wipe for a final wash. It will leave a protective layer on the skin.

- 11 Inspect the perineum region for Incontinence Associated Dermatitis and other skin condition variables.
- 12 Give the care recipient new, clean and dry incontinence material. Change the bedding if wet or soiled and dress the care recipient again and put him / her in the desired position.
- 13 Throw the empty package of Swash® and the wipes in the bin. DO NOT FLUSH Swash® Perineum Wipes / Swash® Cleansing Wipes down the toilet!
- 14 Report any changes in the condition of the skin after the perineum washing.
- 15 Repeat this procedure after every urinary or faecal incontinence episode.

#### ATTENTION:

- At all times, make sure to take the feelings, comfort and privacy of the patient into consideration.
- Each package is to be used for only **one** person.
- It is strongly recommended to use up an opened package within 48 hours. If there are wipes left in the package, please write down the date and time on the pack and use the wipes for the same patient within a 48 hour period.
- Avoid the contact with the eyes.
- Only suitable for external use.
- If Swash® Perineum Wipes are heated according to the instructions on the package, it is important to check the temperature of the wipes before they are used on the skin. Do NOT use immediately if they are too hot. Remember that wearing disposable gloves reduces the sensitivity to heat. Pay special attention to checking the temperature with infants or persons who cannot react or people with a sensitive skin.
- **Do not flush the washcloths down the toilet. Throw the empty package of Swash® and the wipes in the bin.**

#### CONTRA-INDICATIONS:

- If the care recipient refuses the use thereof
- If it is known that the care recipient is sensitive or allergic to one or more of the ingredients
- On non-intact skin & open wounds



## PICTOGRAMS IN PACKAGE:

	Temperature limit		Use within 48 hours of opening
	Keep away from sunlight		Throw to the garbage bin
	Keep dry		Do not macerate
	Do not use if package is damaged and consult instructions for use		Heating advice
	Do not re-use		Product free of latex
	Non-sterile		Produced in a clean room
	Medical Device		Product does not contain fragrance
	CE-marking		Do not flush
	Batch code		Consult instructions for use or consult electronic instructions for use
	Manufacturer		
	Use by date		
	Unique device identifier		

*The information in this protocol relates specifically to the use of Swash® Perineum Wipes for cleaning the perineum region of incontinent persons. Additional interventions and steps may be added to the protocol in accordance with other protocols and guidelines in your healthcare facility*

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