

INSTRUCTIONS FOR USE

SWASH[®] FOOT CAP

Product code: Eo4034-2

Supporting materials:

- Disposable gloves
- Rubbish bin
- 2 Towels
- Microwave oven (if necessary)

Instructions for use:

Put one Foot Cap on each foot of the patient. Leave the product on the feet for minimum 2 min. and maximum 15 min. You can massage each foot through the Foot Cap. Take off the Foot Caps. There is no need to rinse. Dry the feet with a towel. No additional lotion needed. See below for detailed procedure.

Detailed procedure:

Swash[®] Foot Cap can be centrally stored on the ward or next to the bed of the care recipient and can be used both heated and at room temperature.

- 1 If preferred, heat the Swash[®] Foot Cap. The recommended temperature is achieved by heating the package at a maximum of 800 watts in a microwave for 30 seconds.
- 2 Tell the care recipient what you are going to do and keep communicating throughout the entire procedure.
- 3 Before starting, wash your hands and put on a pair of disposable gloves.
- 4 If possible, put the care recipient in a comfortable sitting or lying position.
- 5 Optionally place a towel between the feet and the surface on which the feet will rest to avoid getting the surface wet.
- 6 Open the package, take the 2 foot caps out of the packaging and check the temperature of the Foot Caps. Note: disposable gloves reduce your sensitivity to heat.
- 7 Put on one Foot Cap on each foot. Leave the product on the feet for minimum 2 min. and maximum 15 min. It depends on the required soaking duration and on the skin condition.
- 8 The feet with foot caps on can be covered with a towel to avoid a fast cooling down of the product.
- 9 Gently massage each foot through the foot cap in order to get of possible dirt and dead skin.
- 10 Remove the caps, dry the feet thoroughly with a towel and make sure also the space between the toes is dry. No additional lotion needed.
- 11 Inspect the skin condition.
- 12 Throw the empty package and the foot caps in the bin. DO NOT FLUSH the foot caps down the toilet!
- 13 Report any comments, if necessary.

ATTENTION:

- At all times, make sure to take the feelings, comfort and privacy of the patient into consideration.
- Each package is to be used for only **one** person.
- Only suitable for external use.
- If Swash® Foot Cap package is heated according to the instructions on the package, it is important to check the temperature of the caps before it is used on the skin. Do NOT use immediately if it is too hot. Remember that wearing disposable gloves reduces the sensitivity to heat. Pay special attention to checking the temperature with persons who cannot react or people with a sensitive skin.
- Do not walk with the Foot Cap on.
- Single use only.
- Do not reuse.
- Do not reheat.
- Do not overheat.
- Do not use if package is damaged.
- Non-sterile. Only use on intact skin.
- Do not use on open wounds.
- Do not use on fragile skin. In case of question, consult a doctor or podiatrist.
- Do not use on children.
- Keep out of reach of children.
- **Do not flush the caps down the toilet. Throw the empty package of Swash® and the caps in the bin.**

CONTRA-INDICATIONS:

- If the care recipient refuses the use thereof.
- If it is known that the care recipient is sensitive or allergic to one or more of the ingredients.
- On non-intact skin & open wounds.

PICTOGRAMS IN PACKAGE:

	Temperature limit		Rinse eyes if product comes inside
	Keep away from sunlight		Throw to the garbage bin
	Keep dry		Do not macerate
	Do not use if package is damaged and consult instructions for use		Heating advice
	Do not re-use		Product free of latex
	Non-sterile		Produced in a clean room
	Medical Device		Product does not contain fragrance
	CE-marking		Product contains fragrance
	Batch code		Do not flush
	Manufacturer		Consult instructions for use or consult electronic instructions for use
	Use by date		
	Unique device identifier		

The information in this protocol relates specifically to the use of Swash® Foot Cap to clean and bath the feet. Additional interventions and steps may be added to the protocol in accordance with other protocols and guidelines in your healthcare facility.

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